

LONGEVITY CITIES

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*Recognized as a Longevity Spot by Longevity Cities —  
part of a circle of places where living well comes naturally.*

# Insel Hotel Bonn – Insel-Oase

FEATURED ON LONGEVITY CITIES



*Hotel & Wellness · March 2026*

*Maurice Lichtenberg*

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CO-FOUNDER



*verify*

*Laura Pezza*

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